

China Garden

— Hong Kong Style Cuisine



■ By Robert Lee

China Garden is a charming restaurant with excellent quality of food that reminds me of the days as a youngster going to China Town in New York City. Ann, the owner, and staff are friendly, polite and very attentive to your needs. China Garden is very clean with an appealing decor and warm, casual, relaxing atmosphere and a wide variety of both American style and authentic Chinese dishes. If you have a specialty dish that is not on the menu, China Garden will happily prepare the dish to your specification.

I selected three dishes and below is my evaluation.

The first dish was a vegetarian dish call Pi Pa Tofu. This dish is made with mashed tofu formed into a ball with water chestnut in the middle. It is then fried till golden and an oyster sauce is poured on top of the Tofu. The dish is surrounded with steam broccoli that makes the dish presentation colorful. Tofu tends to be bland; therefore the sauce is needed in this dish to complement the tofu. The consistency is soft on the outside and a nice crunchy middle. The price for this dish was \$9.95.

The second dish was Beef Fillets with Whole Black Pepper Sauce. The thick flank steak with peppers, onion, pea pods, button

mushrooms and black pepper was an excellent dish. This dish comes out in a sizzling platter that emits an aroma that reminds of the spices in China Town. The beef was served medium, which was very tender. This dish is spicy and best eaten with white rice because the sauce has so many flavors and the black pepper has a bite. The price of this dish is \$12.95 and is great price.

The last dish was Braised Grouper Cantonese Style. This dish is a breaded grouper fillet that is fried with shitake mushrooms, Napa cabbage, shredded pork and parsley garnish. This dish was my favorite. The boneless fish and mild flavor fish was prepared to perfection. The sauce was light and the pork compliments the dish. This dish can also be made with whole fish which is a traditional Chinese meal. This dish was priced at \$11.95.

My experience eating at China Garden was wonderful. Both the American style and authentic Chinese dishes menus have so many excellent varieties of dishes that should be experienced at least once. I highly recommend dining at the restaurant.



China Garden Restaurant, Winter Park
118 S Semoran Blvd., Winter Park, FL 32792
(at the corner of University Blvd.)
407-671-2120

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